

**S.D PUBLIC SCHOOL, PITAMPURA, NEW DELHI**  
**ACADEMIC PLANNER SESSION 2023-24**  
**CLASS- IV**  
**SUBJECT- PEACE**

MONTH	TOPIC	VALUE	ACTIVITY/PEDAGOGY
APRIL	L-1 MEDITATION	IMPROVING CONCENTRATION IN MEDITATION	LISTING POINTS TO IMPROVE MEDITATION
MAY	L-2- INTROSPECTION	SELF OBSERVATION	A TO Z OF A GOOD PERSON
JULY	L-3- NON- VIOLENCE	HOW TO DEAL NON VIOLENTLY IN DIFFERENT SITUATIONS	RECIPE FOR PEACE
AUGUST	L-4- TRUTHFULNESS L-5- HUMILITY	TRUST BEING HUMBLE	GRAPHIC ORGANISER ON GOOD AND BAD HABITS THANK YOU CHALLENGE
SEPTEMBER (1-15) (11 days)	REVISION OF HALF YEARLY EXAM		
SEPTEMBER (16-30) (12 days)	HALF YEARLY EXAM		
OCTOBER	L-6- LOVE FOR ALL AND LOVE FOR GOD	ACTING LOVINGLY IN CONFLICT SCENARIOS	COLOURING POSITIVE BEHAVIOURS
NOVEMBER	L-7- SELELESS SERVICE L-8 PLANT-BASED DIET	BEING HELPFUL BENEFITS OF BEING VEGETARIANS	STORY NARRATION WEAVE A STORY
DECEMBER	L-9- GOAL SETTING L-10- KEY PRINCIPLES OF SPIRITUALITY	WORKING TOWARDS GOALS MEDITATION AND INTROSPECTION	GOALS PLANNING CHART PRACTICING MEDITATION
JANUARY (15-31) (13 days)	L-11- ROLE OF A SPIRITUAL MASTER L-12- LIVING A SPIRITUAL LIFE IN THE MODERN WORLD	CONNECTING WITH THE SPIRITUAL MASTER FOLLOWING SPIRITUAL PRINCIPLES	STORY REVIEW SNAKES AND LADDERS GAME
FEBRUARY (1-15) (12 days)	L-13- CONFLICT RESOLUTION	SOLVING PROBLEMS PEACEFULLY	SELECTING PEACEFUL SOLUTIONS